# MRI STUDY: <br> WOMEN AFTER CHILDBIRTH 

# EFFICACY OF TREATMENT WITH HIFEM PROCEDURE IN WOMEN AFTER CHILDBIRTH. 

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## HIGHLIGHTS

- 16 enrolled patients: women 3-36 months after the childbirth. 4 treatments of the abdomen (30 minutes each). At least 3 days between treatments.
- MRI assessment was done at baseline and 1 month after the last treatment.
- The abdominal separation was reduced by $16.6 \%$ ( 2.42 mm ) on average. This improvement measured in a group of post-partum women is $\mathbf{6 0 \%}$ higher than that seen in normal population*.
- It is the only study providing evidence of non-invasive reduction in diastasis recti.

BASELINE


1 MONTH FU


## RESULTS

- The fat thickness across the abdomen was reduced by 17.7\% (2.99 mm) on average.
- The muscle thickness was increased by 17.85\% (1.73 mm) on average.
- The results in fat and muscle correlate with previously published studies while the effect on diastasis recti was significantly higher.
- Weight change of 0.76 kg was insignificant.
- $\mathbf{8 8 . 2 \%}(15 / 17)$ patients were satisfied with the treatment results.
- The study found the HIFEM procedure to be highly effective and safe for mommy makeover in post-partum women.

BASELINE


1 MONTH FU


Subject ID 6 (below umbilicus), age 38 years, separation of muscles $-18.06 \%$, reduction of fat layer by $-12.04 \%$, muscle thickness increase by $+24.27 \%$.

BASELINE


1 MONTH FU


Subject ID 10: Age 37, circumference reduction -2.5 cm , average reduction in abdominal separation $11.5 \%$, average fat reduction $13.7 \%$, average muscle thickening $19.0 \%$.

